



Welcome to the Security and Safety training: Hälvälä training grounds, 12 May - 15 May, 2016

Aim of the course

After the course the participant

- *is aware of the trends of security incidents in different contexts;*
- *understands and knows how to assess risks and threats to safety and security;*
- *knows how to behave in a threatening situation;*
- *knows the basic preventive and protective measures an individual can take to improve his/her safety and security;*
- *is familiar with basic security planning and is able to draw an contingency plan for him/herself or a team*

Location and time

Training grounds of the Regiment of Häme (Hämeen Rykmentti), Hälvälä in Hollola, starting on 12.5.2016 at 13:00 and closing on 15.5.2016 at 14:00.

Main facilitators

- *Kalle Löövi; Director of International Operations and Programmes, Finnish Red Cross*
- *Andreas von Weissenberg, Head of International Disaster Management, Finnish Red Cross*
- *John Dyer, Senior Security Advisor, International Federation of Red Cross and Red Crescent Societies (IFRC)*
- *Finnish Red Cross delegates and staff*

Participant preparation

Ahead of the training, participants will receive **background reading** material, including the background material on *Zuboumba (case-study)*.

Every participant will be asked to prepare and bring to the course a personal **evacuation/ emergency kit** which contain the most important items for one's survival. Instead of purchasing the whole kit, the participant can bring just the

items she/he possesses and present the rest **as a list**. Even the whole kit can be presented as a list or plan - however, we want to know the weight of your kit, at least the estimated weight.

The participants have to have **appropriate clothing and footwear** for both classroom training and for the outdoor exercises. The training will be held outdoors on Friday and Saturday. Accommodation is rather basic, barracks (military camp dormitory, separate rooms for male and female) and tents. Please bring your own sleeping bag, towel and pillow. There are bed linen and blankets available.

Participants of this training have to be physically and psychologically fit for stressful situations which could be met on a field.

Further information

Should you have any questions or suggestions, please do not hesitate to contact

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Looking forward to meeting you in Hälvälä!

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